

Suelaines Café Menu

SOUP OF THE DAY

Served with Roll & Butter

Soup of the Day (144kcal)	£3.45
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MAIN MEALS

Sausage, Egg, Chips & Beans (869kcal)	£6.50
Bacon, Egg, Chips & Beans (629kcal)	£6.50
Chicken Goujons, Salad, Caesar Dressing & Garlic Bread (682kcal)	£5.75
Ham & Egg, Mixed Salad & Coleslaw (279kcal)	£5.75
Chicken Goujons, Chips & Peas (762kcal)	£5.75
Ham, Eggs, Chips & Peas or Beans (424kcal)	£6.50
Double Egg & Chips (452kcal)	£3.45

BURGERS & HOT DOGS

Beef Burger & Onions (654kcal)	£2.95
Cheese Burger & Onions (718kcal)	£3.25
Bacon & Cheese Burger (780kcal)	£3.95
Chicken Fillet Burger With Lettuce & Mayo (294kcal)	£3.25
Hot Dog & Onions (346kcal)	£2.25
Chips (312kcal)	£1.95
Salad Bowl (32kcal)	£1.95

JACKET POTATOES

Served with Salad Garnish

Plain (234kcal)	£3.45
Cheese (634kcal)	£4.45
Beans (357kcal)	£4.20
Cheese & Beans (757kcal)	£5.30
Tuna Mayo (434kcal)	£4.45
Coleslaw (394kcal)	£4.20
Prawn & Marie Rose (306kcal)	£5.30
Chilli (446kcal)	£5.30
Cheese & Coleslaw (794kcal)	£5.30
Chicken Tikka (473kcal)	£5.30

HOT DRINKS

Coffee (White, Black or Decaf)	£1.75
Cappuccino or Latte	£1.95
Hot Chocolate	£1.95
Coffee Syrups	35p A Shot
Tea For One (Pot)	£1.35
Assorted Fruit Tea (Pot)	£1.95

COLD DRINKS

Pure Orange Juice	£1.25
Pure Apple Juice	£1.25
Water (Plain Or Flavoured)	£1.20
Simply Fruity	£0.80
Capri Sun	£0.80
Ribena Cartons	£1.00
Cans of Pop	£1.00
Yazoo Milkshake	£0.80
Alpro Soya Milkshake	£1.00

SANDWICHES & BAGUETTES

All come with a salad garnish

	Sandwich	Batch (Add 3 calories)	Baguette (Add 13 calories)
Egg Mayo (294kcal)	£2.45	£2.95	£3.45
Tuna Mayo (305kcal)	£3.95	£4.45	£4.95
Ham (211kcal)	£2.95	£3.45	£3.95
Cheese (405kcal)	£2.95	£3.45	£3.95
Ham & Cheese (411kcal)	£3.65	£4.15	£4.65
Cheese & Pickle (439kcal)	£3.25	£3.75	£4.25
Prawn & Marie Rose (259kcal)	£3.95	£4.45	£4.95
Red Salmon (358kcal)	£3.95	£4.45	£4.95
Ploughman's (Lettuce, Red Onion, Cheese, Ham, Branston) (347kcal)	£3.95	£4.45	£4.95
Add Salad Filling (6kcal)	£0.60	£0.60	£0.60

HOT SANDWICHES

	Sandwich	Batch (Add 3 Calories)	Baguette (Add 13 Calories)
Egg (252kcal)	£2.45	£2.95	£3.45
Bacon (306kcal)	£3.25	£3.75	£4.25
Bacon & Tomato (328kcal)	£3.45	£3.95	£4.45
Bacon & Egg (376kcal)	£3.45	£3.95	£4.45
Bacon & Mushroom (362kcal)	£3.60	£4.10	£4.60
Bacon & Sausage (670kcal)	£4.20	£4.70	£5.20
Bacon, Sausage & Egg (740kcal)	£4.65	£5.15	£5.65
Sausage (546kcal)	£3.25	£3.75	£4.25
Sausage & Tomato (568kcal)	£3.45	£3.95	£4.45
Sausage & Egg (616kcal)	£3.45	£3.95	£4.45
Sausage & Mushroom (602kcal)	£3.60	£4.10	£4.60
B.L.T (373kcal)	£3.60	£4.10	£4.60
Chip (361kcal)	£2.50	£3.00	£3.00

SNACKS

Egg or Beans on Toast (350kcal)	£2.25
Egg & Beans on Toast (482kcal)	£2.75
Scrambled Egg on Toast (440kcal)	£2.95
Toast (per slice) (140kcal)	£0.50
Toasted Teacake (260kcal)	£1.95
Large Sausage Roll (320kcal)	£1.60
Bread & Butter (140kcal)	£0.45

DAILY SPECIALS AVAILABLE - SEE BOARD

Wheat & Gluten Free Items

Subject To Availability

Bread	Curry
Rolls	Chicken Bites
Soups	Chips
Sausages	Wraps
Jacket Potatoes	Pure Spread
Chilli	Cakes
Homemade Steak Pie - Wednesdays	

ALL DAY PLATED BREAKFASTS

Big Breakfast (2 Bacon, 2 Sausages, 1 Egg, Beans, Tomatoes, 1 Hash Brown, Mushrooms, 1 Toast Plus A Tea or Filter Coffee) (No other drinks included) (1039kcal)	£7.00
Full English (2 Bacon, 2 Sausages, 1 Egg, Tomatoes, Beans & 1 Toast) (843kcal)	£5.50
Vegetarian Breakfast (2 Veg Sausage, 1 Egg, 1 Hash Brown, Mushrooms, Tomatoes, Beans & 1 Toast) (753kcal)	£5.50
Small Breakfast (1 Bacon, 1 Sausage, 1 Egg, Tomatoes or Beans & 1 Toast) (577kcal)	£4.25
Small Vegetarian Breakfast (1 Veg Sausage, Hash Brown, 1 Egg, Beans or Tomatoes & 1 Toast) (574kcal)	£4.25
Breakfast Baguette (2 Bacon, 2 Sausages, 2 Eggs, Beans or Tomatoes) (946kcal)	£5.50

ADDITIONAL BREAKFAST ITEMS

Mushrooms (56kcal)	£0.80
Hash Brown (140kcal)	£0.60

TOASTED SANDWICH

Served with a Salad Garnish

Cheese or Ham (340kcal)	£3.45
Cheese & Ham (352kcal)	£3.95
Additional Onion (2kcal)	£0.30
Additional Tomato (2kcal)	£0.30

PANINI

Served with a Salad Garnish

Cheese & Bacon (401kcal)	£4.45
Cheese, Ham & Onion (285kcal)	£4.45
Tuna, Cheese & Onion (379kcal)	£4.45
Cheese, Tomato & Onion (311kcal)	£4.45

WRAPS

Served with a Salad Garnish

Chicken Strips, Mayo & Lettuce (401kcal)	£4.45
Sweet Chilli Chicken Strips, Lettuce & Tomatoes (285kcal)	£4.45
Chicken, Cheese, Lettuce & Caesar Sauce (487kcal)	£4.45

SUNDRIES

Biscuits	£0.45
Homemade Cake (Average 398kcal)	£1.95
Chocolate	£0.80
Crisps	£0.80
Jam or Marmalade	£0.30
Jelly Pot	£0.80

To place a telephone order for collection please call 07976415179.

Mini Campers Menu

All £4.50 Each

Includes yazoo milkshake, capri sun or simply fruity

Create Your Own

Pick one from each box to make your meal

Peas (30kcal)
Beans (62kcal)
Tomatoes (22kcal)
Sweetcorn (31kcal)

Sausage (124kcal)
Chicken Bites (160kcal)
Egg (70kcal)
Bacon (124kcal)

Mash (45kcal)
Chips (104kcal)
Toast (92kcal)
Salad (12kcal)

Junior Sandwich Meal

½ A Sandwich, Crisps & Jelly Pot (Cheese, Tuna Mayo, Ham, Jam or Egg Mayo)

Mini Wrap Meal

2 Mini Wraps served with Chicken, Pot of Cheese, Pot of Salad, BBQ Dip (362kcal)